



Awaken the Timeless Source of  
Wisdom

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How can inner  
silence, pure  
awareness, and  
love flower in  
our daily life?

13 - 17 sep 2023  
Maria Aalter, Belgium

Explore inner silence,  
awareness and love in this deep  
meditative retreat inspired by  
J. Krishnamurti.

Discover the timeless wisdom within  
and unlock the full potential to live  
a life of joy, creativity, and love.

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#### Retreat Highlight

A deep self-inquiry is not an  
intellectual process of debate  
but a non-authoritarian  
leisurely process of dialogue  
where words as well as our  
presence carry the quality of  
silence and compassion as  
they arise from a deeper place  
of listening and attention not  
dominated by the ego-mind or  
past knowledge.

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“To love  
is one of the greatest  
things in life.  
And to do that,  
to have that sense of  
compassion,  
passion for everybody,  
love,  
you must understand  
yourself,  
you must know  
yourself”

J. Krishnamurti



## Mukesh Gupta

A global speaker and educator, Mukesh has been on a transformative journey for over two decades, inspired by J. Krishnamurti, Buddha and non-dual teachings. He believes in non-authoritarian, leisurely dialogue for inner transformation, peace, and joy. Mukesh is the founder of the School for Self-Inquiry.

[www.schoolforselfinquiry.org](http://www.schoolforselfinquiry.org)



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**How inner silence, awareness and love could be a foundation for right action, relationship, joy and creativity?**

## ATTEND HOW?

1. Register before August 18th.
2. Email [joost.de.wulf@protonmail.com](mailto:joost.de.wulf@protonmail.com)  
[www.verenigingleerproject.nl](http://www.verenigingleerproject.nl)
3. We ask participants to stay for the whole retreat if possible.

## DOMEIN MENAS

Join us for an inspiring 4-day retreat, exploring existential questions of our daily life..

[www.domeinmenas.be](http://www.domeinmenas.be)

Price per participant : €378,-

4 days in full board in a single room  
3 sessions per day introductory talks,  
meditative inquiry, silent walks.

